



## 2022 MENTAL HEALTH/BEHAVIORAL HEALTH INSURANCE BENEFITS VERIFICATION FORM

If you will not be using insurance, you have the right to a Good Faith Estimate (GFE) detailing the anticipated cost of your treatment. If you would like to receive a GFE, please contact our office.

If you will be using insurance, please complete and return the following form to [info.beautifulmindscounseling@gmail.com](mailto:info.beautifulmindscounseling@gmail.com) or to your individual therapist. Also, please email a copy or photo of your insurance card or upload it to your patient portal. Feel free to contact our office with any questions or concerns.

Patient's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Policy Holder's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name of Primary Insurance:  
\_\_\_\_\_

Member ID #: \_\_\_\_\_

Group #: \_\_\_\_\_

Insurance Phone #: \_\_\_\_\_

Name of insurance representative spoken with: \_\_\_\_\_

ID for the call: \_\_\_\_\_

### **Questions for Your Insurance Provider:**

1. "Do I have mental/behavioral health coverage?"  YES  NO
2. "Is the mental health coverage through my primary insurance or another provider?"
  - a. Name of Behavioral Health Insurance Plan:  
\_\_\_\_\_
3. "Is my preferred therapist **Beautiful Minds Counseling (NPI 1326657909)** in network?"  YES  NO
4. "Do I have Out-of-Network benefits?"  YES  NO



**In-Network Coverage**

- 4. "What is my co-pay amount?" \$ \_\_\_\_\_
- 5. "Do I have a deductible?"  YES  NO If **YES**, "What is my deductible?"  
\$ \_\_\_\_\_
- 6. "Do I have a co-insurance or other amount I am responsible for?"
  - a. If **YES**, "What is my co-insurance or other amount?" \$ \_\_\_\_\_

**Out-of-Network Benefits**

- 7. "How much will I be reimbursed if I see an Out-of-Network therapist?"  
\$ \_\_\_\_\_
- 8. "Do I have an Out-of-Network deductible?"  YES  NO
  - a. If **YES**, "How much?" \$ \_\_\_\_\_

**Services Covered**

- 9. "Can you please verify that the following services are covered under my policy?"
  - a.  Individual Therapy (90837)  Family Therapy (90847)
- 10. "Do I need an authorization to receive any of these services?"  YES  NO
  - a. If **YES**, "What is my authorization number?"  
\_\_\_\_\_
- 11. "How many sessions are authorized?" \_\_\_\_\_
- 12. "What are the dates for the authorized sessions?" \_\_\_\_/\_\_\_\_/\_\_\_\_ -  
\_\_\_\_/\_\_\_\_/\_\_\_\_